

**Medicinal plants recorded from Mizoram, N.E. India.**

Status:

**C-cultivated**, **CR-critically endangered** **DD-data deficient**, **E-endemic** to NE India, **EN-endangered**, **EW-extinct** in wild, **I-invasive**, **IN-introduced** & naturalized, **LR-lower risk/conservation dependent**, **NT-near threatened** (includes lower risk/near threatened), **VU-vulnerable**, **W-weedy**. Parts Used: A-aerial parts, B-bark, Br-branches, Bu-buds, Ch-charcoal, F-flowers, Fr-fruit, G-gum, IS-immature stems, L-leaves, La-latex, P-pulp of fruit, Pe-petioles, Pi-pith, R-roots, Re-resin, Rh-rhizomes, Rs-root stock, S-seeds, Sa-sap, SC-seed coat, Sh-shoots, So-seed oil, Sp-spadix & fruiting body, St-stem, T-tubers, W-wood, WP-whole plants. Species marked in red have uses from Mizoram that are published here for the first time.

Scientific name	Family	Local name	Habit	Status	Part Used
<i>Abelmoschus moschatus</i> Medik.	Malvaceae	<b>Uichhuhlo</b>	Herb	LR	L,R,S
Boiled R & L are administered for the remedy of syphilis. Crushed R are applied externally on wounds/ulcers to suck the pus out. S are ground to powder & the powder is taken with water for throat-pain twice daily.					
<i>Acacia pennata</i> (L.) Willd.	Fabaceae	<b>Khangsen</b>	Tree	DD	B,L
B is an antidote for snake poison, & used in bronchitis & asthma. L are used for stomach ache & bleeding gums.					
<i>Acer laevigatum</i> Wall.	Sapindaceae	<b>Thingkhim</b>	Tree	LR	B
A decoction of B is applied externally for the remedy of muscle strain.					
<i>Achyranthes aspera</i> L.	Amaranthaceae	<b>Buchhawl</b>	Herb	LR	WP
Taken for the remedy of dysentery, colic diseases, in boils & cirrhosis.					
<i>Achyranthes bidentata</i> Blume	Amaranthaceae	<b>Vangvat-tur</b>	Herb	LR	L
The L are crushed & the juice is applied to treat a poisoned leach bite.					
<i>Adhatoda zeylanica</i> Medik.	Acanthaceae	<b>Kawldai</b>	Herb	LR	L
L are antispasmodic, used in chronic bronchitis, as antidiarrheal, expectorant, antirheumatism, & insecticidal. R are antiseptic, antiperiodic, antihelminthic, & antigonorrhoeal. F & Fr are also antispasmodic.					
<i>Adiantum caudatum</i> L.	Pteridaceae	<b>Chakawkria</b>	Herb	LR	Fr
The Fr are crushed & applied externally on skin diseases.					
<i>Adiantum philippense</i> L.	Pteridaceae	<b>Chakawkte</b>	Herb	LR	WP
An infusion of the WP is taken for the remedy of fever & dysentery.					
<i>Aeginetia indica</i> L.	Orobanchaceae	<b>Sanghar-vaibel</b>	Ephemeral	CR/VU	R/Rh
Juice of the Rh is applied to mumps & inflammatory glands. R in combination with other plants are prescribed as pills for fertility.					
<i>Aegle marmelos</i> L.	Rutaceae	<b>Belthei</b>	Tree	EW/VU	P
A decoction of Fr is applied for the remedy of dysentery, stomach ache & digestive problems.					
<i>Aeschynanthus sikkimensis</i> (C.B. Clarke) Stapf	<b>Gesneriaceae</b>	<b>Bawltehlantai</b>	An epiphytic undershrub	LR	L,F,Rs
The L & Rs are used for the remedy of fever & pain. Juice of crushed L are applied for inflammatory glands. An infusion of F is taken for the remedy of tonsillitis.					
<i>Ageratum conyzoides</i> L.	Asteraceae	<b>Vailenhlo</b>	Herb	LR	R
The R is crushed with <i>Callicarpa arborea</i> B & rhizome of <i>Curcuma longa</i> & the juice is drunk for the remedy of stomach cancer. St & L are used as antidiarrheal & also aid in blood clotting.					
<i>Albizia procera</i> (Roxb.) Benth.	Fabaceae	<b>Kangtekpa</b>	Small tree	LR	B,L,R
A poultice of L are applied to ulcers. The crushed B is used for fish-poisoning.					
<i>Albizia odoratissima</i> (L.f.) Benth.	Fabaceae	<b>Kangteknu</b>	Tree	LR	L
The L are boiled in ghee & is used in remedy for cough.					
<i>Allophylus cobbe</i> (L.) Raeusch.	Sapindaceae	<b>Gendrama</b>	Shrub	LR	L,R
A decoction of R is taken orally for chronic ulcer & L paste is applied externally for the remedy of ulcers.					

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<b>Mode of Utilization/Uses</b>					
<i>Alocasia fornicata</i> (Roxb.) Schott	Araceae	<b>Baibing</b>	Herb	LR	Sp
The sap or juice of the plant is applied on a snake bite.					
<i>Alpinia bracteata</i> Roscoe	Zingiberaceae	<b>Aichal</b>	Herb	LR	Rh
Powdered Rh with that of <i>Zingiber officinale</i> Roscoe & a little salt is used for the remedy of stomatitis & cough.					
<i>Alstonia scholaris</i> (L.) R. Br.	Apocynaceae	<b>Thumriat</b>	Tree	LR	B,La,R
50 ml of R-B decoction is taken three times daily in for hypertension. The milky juice or La is applied on cuts & wounds. The La with an equal proportion of mustard oil is used as an eardrop for ear-aches.					
<i>Amaranthus spinosus</i> L.	Amaranthaceae	<b>Thuamriat</b>	Herb	LR	R,L
R extract is drunk for the remedy of hemorrhages. L are boiled in water & drunk to treat difficult urination. Juice of crushed L are used as a hemostatic.					
<i>Amomum dealbatum</i> Roxb.	Zingiberaceae	<b>Aidu</b>	Herb	LR	B,R
The B is crushed & the juice is used as antiseptic. A decoction of R suckers is taken for hypertension.					
<i>Amorphophallus paeoniifolius</i> (Dennst.) Nicolson	Araceae	<b>Telhawng</b>	Herb	LR	T
The T is sliced into pieces & boiled in water to remove the irritants.					
<i>Ampelocissus latifolia</i> (Roxb.) Planch.	Vitaceae	<b>Heruipawl</b>	Climber	LR	L,R
Juice of crushed R is taken orally to stop excess urination mixed with blood. The L are chewed against teeth set on edge.					
<i>Ananas comosus</i> (L.) Merr.	Bromeliaceae	<b>Lakhuihthei</b>	Herb	LR	Fr,L
The L or Fr are crushed & the juice is used for the remedy of convulsions.					
<i>Andrographis paniculata</i> (Burm.f.) Wall. ex. Nees	Acanthaceae	<b>Hnahkhpui</b>	Herb	NT	L,St,WP
L are antispasmodic, used to treat diarrhea, and loss of appetite in infants. R & L are used as a febrifuge, for treatment of stomach ache and used as an anthelmintic. WP in jaundice.					
<i>Angiopteris evecta</i> (G. Forst.) Hoffm.	Marattiaceae	<b>Arthladawnpui</b>	Terrestrial fern	LR	R
A R paste is used to treat bone fractures.					
<i>Anacardium occidentale</i> L.	Anacardiaceae	<b>Sazupumpui-thei</b>	Tree	EW/VU	B
Juice of crushed B is applied externally on ring worm, leprosy & warts.					
<i>Anacolosia crassipes</i> Kurz	Olacaceae	<b>Lushai-natur</b>	Shrub	LR	L
Boiled L are used with water for bathing children to treat measles & skin eruptions.					
<i>Anogeissus acuminata</i> (Roxb. ex DC.) Guill., Perr. & A. Rich.	Combretaceae	<b>Zairum</b>	Tree	LR	B
The B is crushed & the juice is used as a remedy for diarrhoea & beriberi.					
<i>Anthocephalus chinensis</i> (Lam.) Rich. ex Walp.	Rubiaceae	<b>Banphar</b>	Tree	LR	B,L
B&L are used for the remedy of uterine complaints & blood diseases.					
<i>Aporosa octandra</i> (Buch.-Ham. ex D. Don) Vickery	Phyllanthaceae	<b>Chhawntual</b>	Small tree	LR	B
50 ml. of B decoction is taken for the remedy of stomach ache & stomach ulcer.					
<i>Aquilaria malaccensis</i> Lam.	Thymeleaceae	<b>Thingrai</b>	Small Tree	CR: E	Re,W

Scientific name	Family	Local name	Habit	Status	Part Used
<b>Mode of Utilization/Uses</b>					
The W is used as a stimulant, antiasthmatic, antidiarrheal, antirheumatism, astringent, carminative diuretic, brain tonic, leucoderma, and for stomach problems and diseases of the eyes, ears & skin.					
<i>Ardisia colorata</i> Link	Primulaceae	<b>Hnunthlum</b>	Small tree	LR	R
The R paste is applied externally on chronic ulcer.					
<i>Ardisia paniculata</i> Roxb.	Primulaceae	<b>Naunuar</b>	Small tree	LR	R
Decoction of R is used for rheumatism. Crushed R in combination with <i>Smilax ovalifolia</i> Roxb. & <i>Bridelia tomentosa</i> Blume is boiled with water & taken for jaundice.					
<i>Ardisia polycephala</i> Wall. ex A. DC.	Primulaceae	<b>Sialtuai</b>	Small tree	VU	R
The R with that of <i>Amaranthus caudata</i> L. is crushed & taken with cold water to stop excess bleeding & with warm water for normal bleeding after child birth.					
<i>Arenga pinnata</i> (Wurmb) Merr.	Arecaceae	<b>Thangtung</b>	Shrub	LR	R
Decoction of R is applied for bronchitis & stomach ache.					
<i>Areca catechu</i> L.	Arecaceae	<b>Kuhva</b>	Palm tree	LR	Fr,L
The Fr/nut is antihelminthic, astringent, and used for urinary disorders. Young L are astringent and applied for the remedy of bleeding gums, as well as for checking pyrosis of pregnancy & watery vaginal discharges.					
<i>Arenga saccharifera</i> Labill.	Arecaceae	<b>Thangtung</b>	Palm tree	LR	R
R is used to treat stomach ache & bronchitis.					
<i>Artemisia indica</i> Wild.	Asteraceae	<b>Sai</b>	Herb	VU	L
Infusion of L taken orally for the remedy of fever, stomach ache, whooping cough, bleeding from the nose & gum.					
<i>Artocarpus chama</i> Buch.-Ham.	Moraceae	<b>Tatkawng</b>	Tree	LR	B
Decoction of B is taken for the remedy of diarrhoea. A paste of B is applied externally on sores & pimples.					
<i>Artocarpus lakoocha</i> Wall. ex Roxb.	Moraceae	<b>Theitat</b>	Tree	LR	B,S
The S is used as a purgative & B powder is applied to sores to draw out purulent matter. An infusion is applied to pimples & cracked skin.					
<i>Asparagus racemosus</i> Wild.	Asparagaceae	<b>Arkebawk. Satavar</b>	Herb	NT	R,L
R are used as a refrigerant, demulcent, diuretic, aphrodisiac, antiseptic, alternative, antidiarrheal, antidysenteric & used in fever, rheumatism & as a sexual tonic. A decoction of R is given for fever & as an extract to treat fungal infections. Boiled L are applied on boils & small pox.					
<i>Averrhoa</i> sp.	Oxalidaceae	<b>Theiherawt</b>	Small tree	NT	Fr,L
Three or four slices of Fr are take daily for jaundice, bleeding piles, & as an antiscorbutic. An infusion of L are taken to treat an enlargement of the liver.					
<i>Azadirachta indica</i> A. Juss.	Meliaceae	<b>Nimthing</b>	Tree	NT	WP
Stem B is used as an astringent for skin diseases. R B is used to prevent the periodic return of diseases. L are used as antiseptic, antibiotic, in boils, ulcer & eczema. F is used to treat stomach aches, with the berry used as a purgative, antihelminthic, and gum demulcent. S oil in used in rheumatism & skin diseases.					
<i>Baccaurea ramiflora</i> Lour.	Phyllanthaceae		Tree	LR	B,L
Purgative, used in stomach ache, juice of coat of inner B is taken against food allergy as well as antihelminthic. 2-3 young L are chewed 3 times a day for toothache.					
<i>Bauhinia variegata</i> L.	Fabaceae	<b>Vaube</b>	Tree	LR	B,FI
B is used as a carminative, tonic, astringent, antidiarrheal, blood purifier, and for treatment of goiters. F is used as a laxative.					
<i>Begonia inflata</i> C.B. Clarke	Begoniaceae	<b>Sekhupthur-hmul</b>	Herb	NT	WP
The WP is being used for the treatment of kidney & urinary problems.					

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<i>Benincasa hispida</i> (Thunb.) Cogn.	Cucurbitaceae	<b>Maipawl</b>	Climbing herb	NT	Fr,S
Fr is used as a laxative, diuretic, antiperiodic and for treatment of internal organ hemorrhages. S are used as antihelminthics.					
<i>Bergeria ciliata</i> (Haw.) Sternb.	Saxifragaceae	<b>Pan-damdawi</b>	Herb	EN	Ls,R
L are used for ear ache. L & R as used as a tonic & antiscorbutic, & to treat diarrhoea, fevers, piles & urinary problems.					
<i>Bidens pilosa</i> L.	Asteraceae	<b>Vawkpuithal</b>	Herb	LR: W	F,L,Sh
Young Sh are used to treat rheumatism. L are used for eye & ear complaints. F is used as an antidiarrheal.					
<i>Bischofia javanica</i> Blume	Phyllanthaceae	<b>Khuangthli</b>	Tree	LR	B,L,Sh
Young Ls & buds are used in tonsillitis & for throat pain. An infusion of young Sh & L are taken orally for diphtheria & pharyngitis. A decoction of the B is taken internally for cholera.					
<i>Blumea laciniata</i> (Roxb.) DC.	Asteraceae	<b>Khuanglawr</b>	Herb	LR	L,R
A paste from R is used against snake bite. L are crushed & the juice is applied externally on the bitten part.					
<i>Blumea lanceolaria</i> (Roxb.) Druce	Asteraceae	<b>Buarze</b>	Shrub	VU	L
Pressed juice of L are applied to treat wounds & chronic ulcers. An infusion of L are taken against dysentery.					
<i>Bombax ceiba</i> L.	Malvaceae	<b>Phunchawng</b>	Tree	VU	B,G, Fr,R
The R is used as a stimulant & tonic. B is used as an emetic. G is used as an aphrodisiac, demulcent, homeostatic astringent, & tonic (alternatively used for the remedy of diarrhoea & dysentery). Fr & F are used against snake bite.					
<i>Bombax insigne</i> Wall.	Malvaceae	<b>Pang</b>	Tree	LR	B
The B is boiled with that of <i>Mangifera indica</i> L. (equal part) & a half cup of water is taken twice daily for the remedy of tonsillitis & other throat infections.					
<i>Buddleja asiatica</i> Lour.	Scrophulariaceae	<b>Serial</b>	Shrub/ small tree	NT	F
F is used to treat skin diseases.					
<i>Callicarpa arborea</i> Roxb.	Lamiaceae	<b>Hnahkiah</b>	Tree	LR	B
The B is crushed & the juice is drunk for the remedy of stomach pain, dysentery & vomiting. Juice of the inner B coat is used as a hemostatic on cuts.					
<i>Callicarpa macrophylla</i> Vahl	Lamiaceae	<b>Hnahkiahte</b> JHR.	Small Tree	LR	Ls
L are turned into paste & applied on bone fractures.					
<i>Calotropis gigantea</i> (L.) W.T. Aiton	Apocynaceae	<b>Madar</b>	Shrub	EW/VU	L,Sa, St
Used for wound healing.					
<i>Camellia sinensis</i> (L.) Kuntze	Theaceae	<b>Thingpui</b>	Small tree	LR	L
Tea from boiled L are used as an astringent, stimulant & diuretic.					
<i>Canarium strictum</i> Roxb.	Burseraceae	<b>Berawthing</b>	Tree	NT	B
B is used to treat rashes.					
<i>Canavalia ensiformis</i> (L.) DC.	Fabaceae	<b>Fangra</b>	Climber	LR	S
Sliced S is applied to snake bite to draw out the poison.					
<i>Carica papaya</i> L.	Caricaceae	<b>Thingfanghma</b>	Small tree	LR	Fr,S
Juice of unripe Fr in large doses as taken as a toddy, is used to remove freckles & other blemishes from the skin, and is taken as an antihelminthic. Ripe Fr is used for digestive problems. S is used as a vermifuge.					

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<b>Mode of Utilization/Uses</b>					
<i>Caryota urens</i> L.	Areaceae	Tum	Palm tree	LR	St
A flesh toddy from the St is used as food during famine.					
<i>Cassia alata</i> L.	Fabaceae	Tuihlo	Shrub	LR	L
The L are bruised & applied to ringworm (fungal) infections as well as to other skin infections.					
<i>Cassia fistula</i> L.	Fabaceae	Ngaingaw	Tree	LR	WP
R, B, S & L are used as purgatives, tonics & febrifuges.					
<i>Cassia hirsuta</i> L.	Fabaceae	Sab-daru	Shrub	CR/VU	L,R
In case of snake-bite juice of R taken internally while brushed L applied externally on affected part					
<i>Cassia tora</i> L.	Fabaceae	Kelbe-an	Shrub	LR	L,R,S
R paste is used externally against ringworm infections. A decoction of L/S is applied externally on cutaneous diseases.					
<i>Catharanthus roseus</i> (L.) G. Don	Apocynaceae	Kumtluang	Herb	LR/IN	L,R,St
The raw L are taken treat high blood pressure. L are used as an anti-cancer agent. A decoction of R, St & L are used for diabetes, diarrhoea, dysentery, & cholera.					
<i>Caulokaempferia linearis</i> (Wall.) K. Larsen	Zingiberaceae	Lung-ai-thing Lalram	Herb	LR	L
Chakmas apply crushed L on the head to treat vertigo.					
<i>Cautleya gracilis</i> (Sm.) D&y	Zingiberaceae	Pale	Herb	C/EW	Rh
An infusion of Rh is taken for flatulence, colic & hepatomegaly. The Rh is eaten raw to relieve colic, cough, & stomach heat.					
<i>Centella asiatica</i> (L.) Urb.	Apiaceae	Lambak/Hnahbi-al	Herb	LR	L
L are used as a memory stimulator and to treat hypertension. The L are boiled & the water is taken for the remedy of asthma & eye problems.					
<i>Cephalostachyum capitatum</i> Munro	Poaceae	Raw-ngal	Herb	LR	L
L are used as a tonic, antihelminthic, carminative & to treat stomach ache.					
<i>Chassalia ophioxylodes</i> (Wall.) Craib	Rubiaceae	Khummurmu	Shrub	LR	R
The R paste is applied externally to chronic ulcers, tumors & sores.					
<i>Chonemorpha fragrans</i> (Moon.) Alston	Apocynaceae	Phungthe ikelki	Climber	LR	R
100 ml of R infusion is applied internally (vaginally) twice daily to retain the placenta.					
<i>Chromolaena odorata</i> (L.) R.M. King & H. Rob.	Asteraceae	Tlängsam	Shrub	LR	L
Crushed L juice is applied externally as to stop bleeding.					
<i>Chukrasia tabularis</i> A. Juss.	Meliaceae	Zawngtei	Tree	LR	R,SC
Raw R are taken for the remedy of stomach pain. An infusion of S-coats is taken internally or a small portion is eaten raw to remedy diarrhoea & dysentery.					
<i>Cinnamomum obtusifolium</i> (Roxb.) Nees	Lauraceae	Thakthingsuak	Tree	LR	B
B is used to remedy dyspepsia & liver complaints.					
<i>Cinnamomum tamala</i> (Buch-Ham.) Nees & Eberm.	Lauraceae	Tejpatta	Tree	LR	B,L
L are used as a stimulant, carminative, antirheumatic, & antidiarrheal. B is used in treating gonorrhoea.					
<i>Cinnamomum verum</i> J. Presl	Lauraceae	Thakthing	Tree	LR	B,L
B is used as a carminative, antispasmodic, hemostatic, astringent, & antiseptic. L are used for diabetes.					

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<b>Mode of Utilization/Uses</b>					
<i>Cissus repanda</i> Vahl.	Vitaceae	<b>Vawmdawng</b>	Climber	LR	L,R
A R paste in water mixed with <i>Murraya koenigii</i> (L.) Spreng. is drunk as a tea for heartburn. L are used for snake bite.					
<i>Cissus discolor</i> Blume	Vitaceae	<b>Sangharhmai</b>	Climber	NT	L,R,St
A decoction of the R, St & L is used for inflamed kidneys.					
<i>Citrus sinensis</i> (L.) Osbeck	Rutaceae	<b>Serthlum</b>	Tree	LR	L
The L are boiled & the water is taken for the remedy of malaria.					
<i>Claoxylon khasianum</i> Hook.f.	Euphorbiaceae	<b>Nagabang</b>	Shrub/ small tree	NT	R
A R paste is applied externally for tumors/cancer.					
<i>Clerodendrum bracteatum</i> Wall. ex Walp.	Verbenaceae	<b>Phuihnam</b>	Small tree	LR	L,R
The L & R are used to remedy diarrhoea.					
<i>Clerodendrum colebrookianum</i> Walp.	Verbenaceae	<b>Phuihnam</b>	Small tree	VU	L
50 ml of a decoction of L is taken twice daily to treat hypertension.					
<i>Colysis hemionitidea</i> (Wall. ex C. Presl) C. Presl	Polypodiaceae	<b>Kawkte-bet*</b>	Fern	LR	Rh
The Rh is used for the treatment of bone fractures.					
<i>Congea tomentosa</i> Roxb.	Verbenaceae	<b>Sahuaihru</b>	Shrub	NT	St
St is used to treat animal wounds.					
<i>Cordia dichotoma</i> G. Forst.	Boraginaceae	<b>Muk</b>	WP parts	LR	B,Fr,L
The plant is used as an antidote for snake bite. Fr is used as an astringent, antihelminthic, demulcent, expectorant, & for treatment of urinary infections. B is used as a febrifuge. L are used to remedy ulcers, cough & colds.					
<i>Costus speciosus</i> (J. König) Sm.	Costaceae	<b>Sumbul</b>	Herb	LR	L,R,Rh
A cold infusion of the Rh is taken orally for kidney problem & leprosy. Crushed R juice is taken internally for the removal kidney/gall bladder stones. The L are boiled & the water is taken for the remedy of tonsillitis.					
<i>Crotalaria juncea</i> L.	Fabaceae	<b>Tumthang</b>	Shrub	LR	L
L are used as a demulcent, emetic, purgative & abortifacient.					
<i>Cucurbita maxima</i> Duchesne	Cucurbitaceae	<b>Mai</b>	Climber	LR	Fr,L
The Fr or L are boiled & the water is taken for the remedy of eye problem.					
<i>Curculigo crassifolia</i> (Baker) Hook. f.	Hypoxidaceae	<b>Phaiphek</b>	Herb	LR	IS,T
Tuber/immature stem juice is used in stomach ache & also applied on deep cuts & bandaged to relieve pain & to heal wounds.					
<i>Curcuma caesia</i> Roxb.	Zingiberaceae	<b>Ailaidum</b>	Herb	NT/C	Rh
Crushed Rh juice is used for the treatment of diarrhoea & stomach pain.					
<i>Curcuma longa</i> L.	Zingiberaceae	<b>Aieng</b>	Herb	A/C	Rh
Crushed Rh juice is used as an antiseptic.					
<i>Curcumorpha longiflora</i> (Wall.) A.S. Rao & D.M. Verma	Zingiberaceae	<b>Ailaidum</b>	Herb	EW/VU	Rh
A Rh infusion is taken to remedy dysentery & diarrhoea.					
<i>Cyathula prostrata</i> (L.) Blume	Amaranthaceae	<b>Buchhawlsen Lalram</b>	Herb	LR	L
The crushed L are applied on boils & then bandaged in order to draw pus out.					

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<i>Cyclea peltata</i> Hook. f. & Thomson	Menispermaceae	<b>Khauchhim</b>	Climber	VU/NT	R
A R decoction is taken orally for colic, fever & diarrhoea.					
<i>Cynodon dactylon</i> (L.) Pers.	Poaceae	<b>Phaitual</b>	Perennial grass: on roadsides: to 1,800m	LR	WP
Bruised plant is inhaled for treatment of a toothache.					
<i>Dalbergia pinnata</i> (Lour.) Prain	Fabaceae	<b>Tengterehrui</b>	Tree	CR/VU	B,R
B & R are used to treat stomach problems, hepatitis & toothache.					
<i>Datura suaveolens</i> Humb. & Bonpl. ex Willd.	Solanaceae	<b>Tawtawrawt par</b>	Shrub: Cultivated especially in home garden	LR	L
L are dried & smoked as tobacco for chest complaints, asthma. Roasted L are applied externally to treat breast lumps/stony hard breasts.					
<i>Dendrocnide sinuata</i> (Blume) Chew	Urticaceae	<b>Thakpui</b>	Shrub	LR	R
The R are boiled along with crabs & the water is taken for the remedy of jaundice.					
<i>Dendrobium denudans</i> D. Don	Orchidaceae	<b>Naubanhlosen</b>	Orchid/ Shrub	EN/VU	St
The St are used as a narcotic.					
<i>Desmodium gyroides</i> (Roxb. ex Link) DC.	Fabaceae	<b>Kerangkana</b>	Shrub	LR	R
A R paste is used as a treatment for inflammatory glands.					
<i>Desmodium triflorum</i> (L.) DC.	Fabaceae	<b>Bawngkek-hlo Lalram</b>	Herb	LR	WP
The plants are boiled & the water is taken for kidney problem & urinal problems. Fresh L juice is applied on wounds.					
<i>Desmos chinensis</i> Lour.	Annonaceae	<b>Zunin -damdawi</b>	Scandent scrub	LR	L,R
<i>Desmos dumosus</i> (Roxb.) Saff. (Used alone & in combination)					
A R decoction is used for treatment of painful urination.					
<i>Desmos longiflorus</i> Saff.	Annonaceae	<b>Chi-ri-pi</b>	Small tree	NT	L,R
A R paste is used for the treatment of chronic ulcer. A L decoction is used to treat asthma.					
<i>Dillenia indica</i> L.	Dilleniaceae	<b>Kawrthindeng</b>	Tree	LR	B,Fr
The Fr is boiled & the water is taken for the remedy of jaundice. 50 ml of B infusion is taken twice daily for treatment of diarrhoea & dysentery.					
<i>Dillenia pentagyna</i> Roxb.	Dilleniaceae	<b>Kaihzawl</b>	Tree	LR	B,W
A B decoction is taken orally for diabetes,. A B paste is applied externally on rheumatic pains. W used for anticancer & antiulcer agents.					
<i>Dinochloa compactiflora</i> (Kurz.) McClure	Poaceae	<b>Sairil</b>	Bamboo	LR	St
The outer St epidermis is scraped off & applied externally on cuts to stop bleeding. Sap oozing out of the cut stem is given to children for influenza, cough & chest complaints.					
<i>Diplazium maximum</i> (D. Don) C. Chr.	Woodsiaceae	<b>Chakawk-ei-chi</b>	Fern	LR	R

Scientific name	Family	Local name	Habit	Status	Part Used
<b>Mode of Utilization/Uses</b>					
The R is crushed, combined with other plants, & the mixture is applied externally on bone fractures.					
<i>Dioscorea alata</i> L.	Dioscoreaceae	<b>Rambachim</b>	Climber	LR	T
The T is used for treatment of leprosy, piles & gonorrhoea.					
<i>Dipterocarpus turbinatus</i> Gaertn.	Dipterocarpaceae	<b>Lawngthing</b>	Tree	LR	Re, St, W
Re is used as a stimulant & diuretic, & to treat gonorrhoea, chronic bronchitis & leprosy.					
<i>Dracaena spicata</i> Roxb.	Asparagaceae	<b>Phunhring</b>	Shrub	LR	L,R
The L & R are used to treat stomach ache.					
<i>Drymaria cordata</i> (L.) Willd. ex Roem. & Schult.	Caryophyllaceae	<b>Changkalrit</b>	Herb	LR	WP
The WP is boiled & the steam is inhaled to treat sinus problems & cough. Bruised L are used as lotion for joint pain & muscle strain.					
<i>Dysoxylum gobara</i> (Buch.-Ham.) Merr.	Meliaceae	<b>Thingthupui</b>	Tree	LR	Bu,L
A decoction of L & buds is used as a remedy for diarrhoea & dysentery.					
<i>Elaeagnus caudata</i> Schtdl. ex Momiy.	Elaeagnaceae	<b>Sarzukpui</b>	Scandent herb	LR	L,R
The R is boiled & the water is taken orally for against retained the placenta. Crushed R juice is taken for easy labor & as a treatment after child birth. A L infusion is taken orally to strengthen uterus function after child birth.					
<i>Elaeagnus pyriformis</i> Hook.f.	Elaeagnaceae	<b>Ramsarzuk</b>	Shrub	VU	R
R paste is dipped in water & drunk to treat appendicitis.					
<i>Elsholtzia blanda</i> (Benth.) Benth.	Lamiaceae	<b>Nauhri</b>	Shrub	NT	A
An A infusion is used for children's disease called <b>nauhri</b> , a combination of fever, cholera, skin diseases & inflammation. A L poultice is used to treat inflammatory glands.					
<i>Elsholtzia ciliata</i> (Thunb.) Hyl.	Lamiaceae	<b>Ram-lengser* Lalram</b>	Herb	LR	WP
L juice is used as a diuretic, and for treatment of cough & colds.					
<i>Embelia subcoriacea</i> (C.B. Clarke) Mez	Elaeagnaceae	<b>Tling</b>	Climber	LR	L
A L decoction is used for bathing in the treatment of small pox & for bathing woman's injuries after child birth.					
<i>Emblica officinalis</i> Gaertn.	Euphorbiaceae	<b>Sunhlu</b>	Tree	LR	Fr
The raw Fr is taken for the remedy of stomach problems.					
<i>Entada pursaetha</i> DC.	Fabaceae	<b>Kawi</b>	Climber	LR	S
The S are soaked in water & the water is dropped into the nostrils for treatment of leeches.					
<i>Ervatamia coronaria</i> (Jacq.) Stapf	Apocynaceae	<b>Pararsi</b>	Shrub	LR	B,L,R
The R are used to provide comfort for toothaches. R & B used as an antidote for scorpion stings. Milky juice is used to treat diseases of eyes.					
<i>Eryngium foetidum</i> L.	Apiaceae	<b>Bahkhawr</b>	Herb	LR	R
The R are used for treatment of stomach ache.					
<i>Erythrina stricta</i> Roxb.	Fabaceae	<b>Fartuahpui</b>	Tree	LR	B
The B is used as an astringent & antidote to snake bite. An inner B coating decoction is taken orally to treat stomach ulcer.					
<i>Eucalyptus globulus</i> Labill.	Myrtaceae	<b>Eucalyptus</b>	Tree	LR	Ch,L



Scientific name	Family	Local name	Habit	Status	Part Used
<b>Mode of Utilization/Uses</b>					
A L infusion is taken for treatment of pneumonia. Charcoal is ground to powder or made into paste & taken for treatment of stomach ulcer. A L decoction is used for treatment of diabetes.					
<i>Eupatorium adenophorum</i> Spreng.	Asteraceae	<b>Hlothar</b>	Herb	LR	L
Crushed L juice is applied to stop nose bleeding.					
<i>Eupatorium cannabinum</i> L.	Asteraceae	<b>Hlothar</b>	Herb	LR	L
Crushed L juice is applied to stop nose bleeding.					
<i>Euphorbia royleana</i> Boiss.	Euphorbiaceae	<b>Chawng</b>	Shrub	LR	Fr,L,Pi
Pi & unripe Fr of <i>Carica papaya</i> L. is cooked with chicken & the water is taken to treat diseases of the liver & chronic fever. Milky juice is used externally for ring worm, rheumatism, boils, warts. Juice of heated L are applied to earache.					
<i>Ficus benghalensis</i> L.	Moraceae	<b>Hmawng</b>	Tree	LR	B,L, La,R,S
The milky juice is applied externally for pains in rheumatism & lumbago. A B infusion is used as a tonic, astringent, & for treatment of dysentery, diarrhoea & diabetes. S is used as a cooling tonic. L are applied as a poultice to abscesses. R fiber is used in treatment of gonorrhoea.					
<i>Ficus prostrata</i> (Wall. ex Miq.) Miq.	Moraceae	<b>Theitit</b>	Epiphytic	LR	R
Crushed R juice is applied for remedy of poisoned snake bites.					
<i>Ficus religiosa</i> L.	Moraceae	<b>Hmawngnahzum</b>	Tree	LR	B,L
B is used as an astringent, & to treat gonorrhoea, dysentery, fever, scabies, & piles. L & young shoots are used as purgatives & to treat skin diseases.					
<i>Ficus semicordata</i> Buch.-Ham. ex Sm. <i>var. conglomerata</i> (Roxb.) Corner	Moraceae	<b>Thenpui</b>	Small tree	LR	B,L
B & L together are used to treat liver ailments.					
<i>Flemingia macrophylla</i> (Willd.) Prain	Fabaceae	<b>Tuisithing Lalram*</b>	Shrub	VU/NT	R
A R decoction is used as an external application for treatment of swellings & pain in the body.					
<i>Garcinia cowa</i> Roxb.	Clusiaceae	<b>Chengkek</b>	Tree	LR	B,L
B & L are for treatment of diarrhoea, leprosy & ulcers.					
<i>Garcinia lanceifolia</i> Roxb.	Clusiaceae	<b>Pelhte</b>	Tree	EN	Fr,L
Fr & L are used for remedy of stomach ache.					
<i>Garcinia paniculata</i> Roxb. ex Wight	Clusiaceae	<b>Vawmva</b>	Tree	LR	S
The S are used in treatment of roundworms.					
<i>Garcinia pedunculata</i> Roxb. ex Buch.-Ham.	Clusiaceae	<b>Theipumlian</b>	Tree	NT	Fr
An acidic Fr pericarp extract solution is mixed with sugar & is taken orally against dysentery & diarrhoea.					
<i>Gardenia coronaria</i> Buch.-Ham.	Rubiaceae	<b>Rul-hluah* Lalran</b>	Tree	LR	L,R
50 ml of an infusion of R & L is taken orally twice daily against snake bite.					
<i>Garcinia sopsopia</i> Mabb.	Clusiaceae	<b>Thensaker</b>	Tree	NT	Br
Br is used to treat snake bite.					
<i>Garuga pinnata</i> Roxb.	Burseraceae	<b>Bangbutuairam</b>	Tree	LR	B,L
Stem B juice is dropped into the eye to treat conjunctiva opacities. L juice mixed with sugar is taken for asthma.					
<i>Gelsemium elegans</i> (Gardner & Champ.) Benth.	Gelsemiaceae	<b>Hnamtur</b>	Tree	EN/VU	R
R used for veterinary purposes.					

Scientific name	Family	Local name	Habit	Status	Part Used
<b>Mode of Utilization/Uses</b>					
<i>Girardinia palmata</i> (Forssk.) Gaudich.	Urticaceae	<b>Kangthai</b>	Tree	LR	R
Crushed R juice is taken against food allergies (e.g., pork).					
<i>Gmelina arborea</i> Roxb. ex Sm.	Verbenaceae	<b>Thlanvawng</b>	Tree	LR	F,Fr
A F decoction is used orally to treat hypertension. Roasted Fr is applied externally for itching.					
<i>Goniothalamus sesquipedalis</i> (Wall.) Hook. f. & Thomson	Annonaceae	<b>Kham</b>	Small tree	LR	Ls
L are burned & the smoke is inhaled to treat asthma & also to induce sleep.					
<i>Gynocardia odorata</i> Roxb.	Flacourtiaceae	<b>Saithei</b>	Tree	EN	SO
The Fr are crushed & the S are extracted & used as lotion for treatment of leprosy & other skin diseases.					
<i>Hedychium coronarium</i> J. König	Zingiberaceae	<b>Ai-lalnu</b>	Herb	NT/C	Rh,St
The base of St are used for swellings & the Rh are used for treatment of fevers & rheumatism.					
<i>Hedychium spicatum</i> Buch.-Ham. ex Sm.	Zingiberaceae	<b>Kelhnamtur</b>	Herb	LR	Rh
The Rh is used to remedy stomach ache, liver problems, vomiting, inflammation, pains, snake bite, & as a carminative, tonic, stimulant, & expectorant.					
<i>Hedyotis scandens</i> Roxb.	Rubiaceae	<b>Laikingtuibur</b>	Climber	LR	WP
The WP is boiled & the water is taken for treatment of swelling, malaria & kidney problems.					
<i>Helianthus annuus</i> L.	Asteraceae	<b>Nihawipar</b>	Herb	LR	S
The S are used as diuretics, expectorants, febrifuges, & in treatment of stomach ache, bronchitis, & laryngeal or pulmonary infections.					
<i>Helicia excelsa</i> Blume	Proteaceae	<b>Sialhma</b>	Tree	VU/NT	B
A B decoction is used for remedy of stomach problems.					
<i>Helicia robusta</i> R. Br. ex Blume	Proteaceae	<b>Sialhma</b>	Tree	LR	B
50 ml of a B decoction is taken twice daily for remedy of stomach problems.					
<i>Hibiscus rosa-sinensis</i> L.	Malvaceae	<b>Midumpangpar/ Banglappar</b>	Shrub	LR	F
The raw F is taken for the remedy of jaundice.					
<i>Hodgsonia macrocarpa</i> (Blume) Cogn.	Cucurbitaceae	<b>Kha-um</b>	Climber	LR	L
Crushed L juice is applied on fresh cuts to stop bleeding & treat wounds. Powdered L are applied externally to treat ulcers.					
<i>Homalomena aromatica</i> (Spreng.) Schott	Araceae	<b>Anchiri</b>	Herb	LR	Rh,WP
Rh is used as an aromatic stimulant. WP juice is used as a lotion for skin diseases.					
<i>Hoya griffithii</i> Hook.f.	Apocynaceae	<b>Hnahchhah</b>	Herb	LR	L,Sa
The L sap is applied on the burned skin.					
<i>Hydnocarpus kurzii</i> (King) Warb.	Flacourtiaceae	<b>(King.) Warb.</b>	Tree	CR/EN	B,Fr
The smoke of burning B is used for stupefying bees, especially honey-bees ( <i>Apis mellifica</i> ). Fr can be used for poisoning fish. The S are sold by Lushai tribes for making an oil, frequently used as a remedy for leprosy.					
<i>Hydrocotyle nepalensis</i> Hook.	Apiaceae	<b>Hlovoidawr/ Darbengur</b>	Herb	NT	L
L are used as diuretic, tonic, blood purifier, insecticidal, & stimulant, & for treatment of dysentery, stomach ache, scabies & cutaneous diseases.					

Scientific name	Family	Local name	Habit	Status	Part Used
<b>Mode of Utilization/Uses</b>					
<i>Imperata cylindrica</i> (L.) Raeusch.	Poaceae	Di	Grass	LR	R
R juice is used for the removal or expelling of the intestinal worms.					
<i>Inula cappa</i> (Buch.-Ham. ex D. Don) DC.	Asteraceae	Buarthau	Shrub	LR	L,WP
The L are crushed with those of <i>Plantago erosa</i> Wall. ex Roxb. & <i>Lobelia angulata</i> G. Forst. & the juice is taken orally three times daily for diabetes & jaundice.					
<i>Ixora nigricans</i> R. Br. ex Wight & Arn.	Rubiaceae	Thainurual	Shrub/ small tree	VU	L
An infusion of the L is prescribed for dysentery & colic problems.					
<i>Jasminum nervosum</i> Lour.	Oleaceae	Hrurkha	Shrub	LR	L
The L are used for the remedy of stomach ache & fever.					
<i>Jatropha curcas</i> L.	Euphorbiaceae	Kangdamdawi	Shrub	LR	Br,Fr,L
Fr/nut is used as a purgative. L are used as a remedy for scabies, eczema, & ring worm. Br is used as tooth brush for treating swollen gums.					
<i>Juglans regia</i> L.	Juglandaceae	Khawkherh	Tree	LR	B,Fr,L
B & L are used as antihelminthics. L are used as astringents & tonics. Fr is used as an antirheumatic.					
<i>Justicia adhatoda</i> L.	Acanthaceae	Kawldai	Shrub	LR	L
Crushed L juice is applied externally on cuts & wounds to stop bleeding. The L are boiled & 20 ml of the water is taken internally twice daily for 3 days as a treatment for malarial fever. L paste is applied on the whole body for 24 hours & the patient bathes on the third day to treat acute or chronic malaria.					
<i>Kalanchoe pinnata</i> (Lam.) Pers.	Crassulaceae	Zihor	Herb	NT/IN	L
Scorched L are applied on the forehead to treat vertigo.					
<i>Lagerstroemia speciosa</i> (L.) Pers.	Lythraceae	Chawnpui/Thlado	Tree	LR	B,R
A R decoction is taken for jaundice. A B infusion is taken for diarrhoea & dysentery.					
<i>Laggera crispata</i> (Vahl) Hepper & J.R.I. Wood	Asteraceae	Runhthung	Herb	LR	L
Crushed L are applied to treat sores.					
<i>Lansea corom&amp;elica</i> (Houtt.) Merr.	Anacardiaceae	Tawitawsuak	Tree	LR	B,L
B is used as an astringent & for treatment of ulcers & sores. L are used for treatment of swellings, sprains & body pain.					
<i>Lantana camara</i> L.	Verbenaceae	Hlingpangpar	Shrub	LR	L
Leaves are used as a diaphoretic, antirheumatic, carminative & antispasmodic, & to treat malaria & tetanus.					
<i>Lasia spinosa</i> (L.) Thwaites	Araceae	Zawngzang	Herb	NT	Rh
Bawm medicine men prescribe a Rh infusion for throat-pain (diphtheria).					
<i>Lasianthus hirsutus</i> (Roxb.) Merr.	Rubiaceae	Changneithing	Large shrub/ small tree	LR	L
L juice is applied to stop bleeding.					
<i>Lasianthus wallichii</i> (Wight & Arn.) Wight	Rubiaceae	Ruih-thing	Shrub	LR	L
A decoction of L is used as an hallucinogenic.					
<i>Leea compactiflora</i> Kurz	Vitaceae	Kawlkar	Shrub	LR	R
The R is taken for the remedy of stomach problems.					

Scientific name	Family	Local name	Habit	Status	Part Used
<b>Mode of Utilization/Uses</b>					
<i>Lepidagathis incurva</i> Buch.-Ham. ex D. Don	Acanthaceae	Vangvattur	Herb	LR	L
L are used to stop bleeding.					
<i>Lepidagathis rigida</i> Dalzell	Acanthaceae	Vangvattur	Herb	LR	L
L are used to treat tooth decay.					
<i>Lepionurus sylvestris</i> Blume	Opiliaceae	Anpangthuam	Shrub	NT	L
A L decoction is taken as a treatment for diabetes.					
<i>Lindernia ruelloides</i> (Colsm.) Pennell.	Scrophulariaceae	Thasuih	Herb	EN/VU	WP
WP is used externally for rheumatism, sciatica, skin worms, & wounds. WP is used internally for eye problems.					
<i>Litchi chinensis</i> Sonn.	Lauraceae	Theifeimung	Tree	NT	Fr,L
Fr aril is used as a tonic. L are used to treat animal bites.					
<i>Litsea cubeba</i> (Lour.) Pers.	Lauraceae	Sernam	Tree	LR	Fr
Fr is used as an antiparalytic, anticephalagic, antihysterical, & carminative. Fr is used to treat dizziness & loss of memory.					
<i>Litsea monopetala</i> (Roxb.) Pers.	Lauraceae	Nauthak	Tree	LR	B
B is used as an astringent, antidiarrheal, & stimulant. B is used to treat stomach ache & fractures.					
<i>Litsea cubeba</i> (Lour.) Pers.	Lauraceae	Sernam	Tree	LR	Fr
Fr is taken for hysteria, headache & paralysis.					
<i>Lobelia angulata</i> G. Forst.	Campanulaceae	Choakthi	Shrub		WP
The WP is crushed with those of <i>Plantago erosa</i> Wall. ex Roxb. & <i>Inula cappa</i> (Buch.-Ham. ex D. Don) DC. & the juice is taken orally three times daily for diabetes & jaundice.					
<i>Lobelia nicotianifolia</i> Roth ex Schult.	Campanulaceae	Berawchal	Herb	EN/VU	WP
WP juice is applied to boils & irritated skin.					
<i>Lonicera macrantha</i> (D. Don) Spreng.	Caprifoliaceae	Leihruisen	Climber	LR	L
L are used to treat diarrhoea.					
<i>Macaranga</i> sp.	Euphorbiaceae		Tree	LR	WP
WP is boiled & the water is taken to treat diabetes & retained placenta.					
<i>Mallotus leucocarpus</i> (Kurz) Airy Shaw	Euphorbiaceae	Sukiah	Small tree	LR	R
R are used to treat colic problems.					
<i>Mallotus philippensis</i> (Lam.) Müll. Arg.	Euphorbiaceae	Bari khei	Tree	LR	B,St
Fr gland & hair are used as antihelminthics & styptics, & used to treat scabies, ring worm & herpes.					
<i>Mallotus roxburghianus</i> Müll. Arg.	Euphorbiaceae	Zawngtenawhlung	Small tree	LR	Br
Br used to treat jaundice & hepatomegaly.					
<i>Melocalamus compactiflorus</i> (Kurz) Benth.	Poaceae	Sairil	Climber	LR	St
St juice is used to treat influenza.					
<i>Melastoma malabathricum</i> L.	Melastomataceae	Builukham	Evergreen shrub	LR	B,F,L
B is used as wound healer. L is used as an antidiarrheal & antiseptic. L & F used as an astringent & antileucorrhoeic.					
<i>Melia azedarach</i> L.	Meliaceae	Nim-suak	Tree	NT/IN	L

Scientific name	Family	Local name	Habit	Status	Part Used
<b>Mode of Utilization/Uses</b>					
A L decoction is taken orally for treatment of fever & hypertension.					
<i>Melocanna baccifera</i> (Roxb.) Kurz	Poaceae	<b>Mautak</b>	Bamboo	LR	St
The outer St epidermis is scraped off & applied on cuts to stop bleeding.					
<i>Merremia umbellata</i> (L.) Hallier f.	Convolvulaceae	<b>Vawktesentil</b>	Tree	LR	L
A L poultice is applied on burns & sores.					
<i>Mesua ferrea</i> L.	Calophyllaceae	<b>Herhse</b>	Tree	LR	B,F,L
F is used as an astringent & to treat stomach ache. F & L are used to treat snakebite & scorpion stings.					
<i>Michelia champaca</i> L.	Magnoliaceae	<b>Ngiau</b>	Tree	LR	Fr,L,S
A L infusion with honey is used to treat colic. Crushed Fr & S are made into a paste & applied to cracked skin on feet.					
<i>Mikania micrantha</i> Kunth.	Asteraceae	<b>Japan-hlo</b>	Climber	LR	L
L juice is used to stop bleeding & treat dysentery. L boiled with B of <i>Vitex peduncularis</i> Wall. ex Schauer in A. DC. is drunk to treat typhoid or malarial fever.					
<i>Millettia pachycarpa</i> Benth.	Fabaceae	<b>Rulei</b>	Shrub/ climber	LR	R
A R infusion is used as a lotion to treat wounds, swellings, toothache, & sprains. A R decoction is used for washing scabies & itches.					
<i>Millettia piscidia</i> Wight & Arn.	Fabaceae	<b>Ruteng</b>	Tree	NT/E	Fr,R
R are used to treat infertility. A Fr(S) decoction is used as an abortifacient.					
<i>Mimosa invisa</i> Mart. ex Colla	Fabaceae	<b>Dihlo</b>	Climber	LR	R
A R infusion is used to treat kidney/gall bladder stones.					
<i>Mimosa pudica</i> L.	Fabaceae	<b>Hlonuar</b>	Herb	LR	L,R
L & R are used to remove piles & pistula. A R decoction is used to treat gall-bladder/kidney problems.					
<i>Mirabilis jalapa</i> L.	Nyctaginaceae	<b>Ar-atukkhuan</b>	Shrub	LR	L,R
R are used as a purgative & aphrodisiac, & in treatment of dropsy & piles. L are used as a tonic & for treatment of inflammatory, boils, & whitlow.					
<i>Morinda angustifolia</i> Roxb.	Rubiaceae	<b>Kawrpel</b>	Shrub	LR	L
A L poultice is applied to cracked skin on feet.					
<i>Morus australis</i> Poir.	Moraceae	<b>Lungli</b>	Tree	VU	B,L,R
B is as a purgative. A L decoction is used as a gargle for inflammation of the vocal cords. R are used as an astringent.					
<i>Mucuna pruriens</i> (L.) DC.	Fabaceae	<b>Uiteme</b>	Climber	LR	Fr,R
R are used as a diuretic & purgative, & to treat dropsy, fevers & kidney problems. S are used as aphrodisiacs & nerve tonics. Fr bristles are used as a vermifuge, & for treatment of liver & gall bladder diseases, parkinsonism & ulcers.					
<i>Murraya koenigii</i> (L.) Spreng.	Rutaceae	<b>Arpatil</b>	Herb	LR	WP
WP is used as a tonic & to treat stomach ache & diabetes. L are used as a febrifuge, & to treat dysentery, & kidney pain. L, B & R are used as stimulants, carminatives & to treat diabetes.					
<i>Myrica esculenta</i> Buch.-Ham. ex D. Don	Myricaceae	<b>Keifang</b>	Herb	LR	B,Fr
B is used as a rubifacient, antiseptic, carminative, antiasthmatic, & diuretic, & is used to treat bronchitis. Fr used as a sedative & to treat stomach ache.					
<i>Musa acuminata</i> X <i>balbisiana</i> Colla	Musaceae	<b>Balhla</b>	Herb	LR	Sa
The sap of stem is applied for antiseptic					
<i>Musa</i> sp.	Musaceae	<b>Changel</b>	Herb	LR	Sa

Scientific name	Family	Local name	Habit	Status	Part Used
<b>Mode of Utilization/Uses</b>					
St Sa in combination with the chicken blood is given to treat epilepsy. Sa is used to treat snake bites.					
<i>Ensete glaucum</i> (Roxb.) Cheesman	Musaceae	Saisu	Herb	NT	S
S are made into beads & put on children to prevent convulsions.					
<i>Neolamarckia cadamba</i> (Roxb.) Bosser	Rubiaceae	Banphar	Tree	LR	L,Sa
Sa that oozes out of cut branchlets is used as lotion for bone ache & swellings.					
<i>Ocimum gratissimum</i> L.	Lamiaceae	Khum-bang-bang	Shrub	NT/C	F,L
A strong L & F decoction is given to children for aphthae. A L decoction is used as an aphrodisiac & to treat gonorrhoea.					
<i>Ocimum tenuiflorum</i> L.	Lamiaceae	Runhmui-dum	Shrub	NT/C	WP
The steam of boiling WP is inhaled to treat hepatitis. A WP infusion is used to treat cough, bronchitis, gastric disorders & as a mosquito repellent.					
<i>Oroxylum indicum</i> (L.) Kurz	Bignoniaceae	Archangkawn	Small tree	LR	B,R,S
R & B are used as a tonic & antidiarrheal. B is used to treat rheumatism. Tender Fr is used as a carminative & for stomach ache. S are used as a purgative. St is used as an treatment for scorpion stings.					
<i>Osbeckia sikkimensis</i> Craib	Melastomataceae	Builukhampa	Shrub	LR	R
Steamed R & extracted solution is taken internally for renal disorder & genital-urinary problems. A R decoction is taken to treat kidney problem & stomach ache.					
<i>Paederia foetida</i> L.	Rubiaceae	Vawihuihru	Climber	LR	L,R
R & L are used as a tonic. R are used to remove piles, & to treat pain in the chest & liver. L are used as a carminative, astringent, & diuretic.					
<i>Pajanelia longifolia</i> K. Schum.	Bignoniaceae	Ram-archangkawm	Tree	NT	L,St
L & St paste is used to treat fractures					
<i>Parabarium hookeri</i> Pierre ex Spire	Apocynaceae	Theikelkibawr	Climber	LR	R
A R decoction is taken as a tea to prevent placental disorders.					
<i>Parkia timoriana</i> (DC.) Merr.	Fabaceae	Zawngtah	Tree	LR	B,Br,Fr
A B & twig decoction is taken orally to treat diarrhoea & dysentery. Green Fr exocarps (pods) are ground into a paste & applied on cuts & wounds. Chakmas use a hot infusion of scraped pods to treat diarrhoea & dysentery.					
<i>Pavetta indica</i> L.	Rubiaceae	Pavet-var	Hairy shrub	LR	Fr,L,R
R are used to treat dropsy, jaundice & headaches, & are used as a diuretic & tonic. R & L are used to treat boils. L are used to treat hemorrhoids. Fr is used as an antihelminthic.					
<i>Passiflora nepalensis</i> Walp.	Passifloraceae	Nauawimu	Climber	LR	R
R are boiled & the water is taken to treat malaria.					
<i>Pentapetes phoenicea</i> L.	Malvaceae	Parsenbial	Herb	EN/VU	L
L are boiled & the water is taken to treat inflamed glands, cough & colds. L juice is applied on inflamed glands.					
<i>Phyllanthus airy-shawii</i> Brunel & J.P. Roux	Phyllanthaceae	Mawsai	Shrub	EN/VU	L
L juice is applied externally on measles, skin eruptions & inflamed glands. A L infusion is taken orally for diphtheria.					
<i>Phyllanthus emblica</i> L.	Phyllanthaceae	Sunhlu	Tree	LR	WP
B juice is used to treat diarrhoea & dysentery. A L decoction is used as a gargle for stomatitis & bleeding gums. A S decoction is used as an eye wash. Fr juice is taken to treat liver cirrhosis.					
<i>Phyllanthus fraternus</i> G.L. Webster	Phyllanthaceae	Mitthi sunhlu	Herb	EN/VU	Fr,WP

Scientific name	Family	Local name	Habit	Status	Part Used
<b>Mode of Utilization/Uses</b>					
50 ml of WP infusion is taken twice daily to treat diabetes. WP juice is used to treat liver problems & jaundice. Fr is used to treat bronchitis, leprosy, anaemia, urinary discharges, anuria & asthma.					
<i>Phlogacanthus thyriformis</i> (Roxb. ex Hardw.) Mabb.	Acanthaceae	<b>Khumtiangkohha</b>	Shrub	LR	R
R are used to treat ulcers in combination with other plants.					
<i>Picrasma javanica</i> Blume	Simaroubaceae	<b>Thing damdawi</b>	Tree	LR	B
25 ml of a R decoction is taken internally twice daily for fever & malaria. 50 ml of a B decoction is taken 2-3 times daily to treat diabetes & hypertension.					
<i>Piper betle</i> L.	Piperaceae	<b>Pandawng</b>	Climber	LR	L,R
L are used as a carminative & stimulant, & for treatment of stomach ache, snake bite, eye pain, & night blindness. Oil is used to treat spasms & infections such as diphtheria. R are used as a female contraceptive.					
<i>Piper diffusum</i> Vahl.	Piperaceae	<b>Pawhrual</b>	Climber	LR	L
L are used to treat stomach ache.					
<i>Pithecellobium monadelphum</i> Kosterm.	Fabaceae	<b>Ardahte</b>	Tree	LR	L,S
L are used to treat leprosy & to promote hair growth. S are used to treat diabetes.					
<i>Plantago erosa</i> Wall. ex Roxb.	Plantaginaceae	<b>Kelba-an</b>	Herb	LR	L,WP
The L & WP are crushed with those of <i>Lobelia angulata</i> G. Forst. & <i>Inula cappa</i> (Buch.-Ham. ex D. Don) DC. & the juice is taken orally three times daily for diabetes & jaundice.					
<i>Plumeria acuminata</i> W.T. Aiton	Apocynaceae	<b>Vaingai</b>	Tree	LR	B,La,R
R & B are used to treat gonorrhoea & herpes. B is used as an emmenagogue & to treat dropsy & diarrhoea. La is used as a rubefacient & to treat rheumatism & gum problems.					
<i>Podocarpus neriifolius</i> D. Don	Podocarpaceae	<b>Thlang-far</b>	Tree	VU	L
L are boiled in water that is then used for bathing. A B decoction is applied with cotton on herpes.					
<i>Polygonum barbatum</i> L.	Polygonaceae	<b>Anbawng</b>	Herb	LR	S
S are taken to treat colic & infections.					
<i>Polygonum chinense</i> L.	Polygonaceae	<b>Taham</b>	Herb	DD	L,R
R are used as an astringent. L are used to treat fly-infected wounds on goats. S are used as a tonic, purgative, & emetic.					
<i>Pothos cathartii</i> Schott	Araceae	<b>Lehpong</b>	Epiphyte	LR	St
St are used in to treat bone fractures.					
<i>Pothos scandens</i> L.	Araceae	<b>Leh-pong</b>	Climber	LR	L,St
L & St are used to treat bone fractures.					
<i>Pottsia laxiflora</i> (Blume) Kuntze	Apocynaceae	<b>Ludi-rani-tak</b>	Climber	LR	L,R
R & L infusions are taken to treat snake bites.					
<i>Pratia begonifolia</i> (Wall.) Lindl.	Campanulaceae	<b>Choak-thi</b>	Herb	LR	L
Crushed L juice is taken to treat dysentery & vomiting.					
<i>Pseudodrynaria coronans</i> (Wall. ex Mett.) Ching	Polypodiaceae	<b>Awmvel</b>	Epiphyte	LR	Rh
Rh are used to treat stomach & tooth problems.					
<i>Pteridium aquilinum</i> (L.) Kuhn	Dennstaetiaceae	<b>Katchat</b>	Herb	LR	Rh
A Rh decoction is given for chronic disorders.					

Scientific name	Family	Local name	Habit	Status	Part Used
<b>Mode of Utilization/Uses</b>					
<i>Pterospermum acerifolium</i> Willd.	Malvaceae	<b>Siksil (Kanak champa)</b>	Exotic tree	LR	B,F,L
B is used to treat headaches. F are used as a tonic & to treat inflammation, stomach ache, tumors, leprosy, & ulcers. L hairs are used to stop bleeding.					
<i>Quercus leucotrichophora</i> A. Camus	Fagaceae	<b>Then/Phen</b>	Tree	LR	R
R is used as a diuretic & astringent, & to treat gonorrhoea, diarrhoea, & asthma.					
<i>Rauvolfia serpentina</i> (L.) Benth. ex Kurz	Apocynaceae	<b>Rulltuzung</b>	Herb	EN, VU. C	R
R are used to treat hypertension & stomach problems.					
<i>Rhus acuminata</i> DC.	Anacardiaceae	<b>Chhimhruk</b>	Herb	LR	Fr,L
L are used to treat nausea. Fr are used to treat colic. L are used to treat excrescences & diarrhoea.					
<i>Rhaphidophora decursiva</i> (Roxb.) Schott	Araceae	<b>Makhal</b>	Epiphyte	LR	L,St
Crushed L & St paste is used to treat bone fractures.					
<i>Rhaphidophora hookeri</i> Schott.	Araceae	<b>Thiallawn</b>	Climber	NT	L,St
L & St are used to ease the process of labor. L are used to treat malaria.					
<i>Ricinus communis</i> L.	Euphorbiaceae	<b>Mutih</b>	Shrub or small tree	NT	L,St
Heated young L are used to treat ulcers, sciatica & paralysis. Crushed L are applied as bandage to treat urinary problems.					
<i>Rubia cordifolia</i> L.	Rubiaceae	<b>Rawngsen</b>	Climber/ creeping herb	EN/VU	Root
Boiled R are taken orally for kidney problem & liver ailments. R are used to treat gonorrhoea, syphilis & renal infections.					
<i>Ruellia suffruticosus</i> Roxb.	Acanthaceae	<b>Savangama</b>	Herb	CR/VU	WP
WP are used to treat renal infection, gonorrhoea, syphilis & other venereal diseases.					
<i>Salix tetrasperma</i> Roxb.	Salicaceae	<b>Tuipuisuthlah</b>	Tree	LR	B
B is used as a febrifuge.					
<i>Sapindus mukorossi</i> Gaertn.	Sapindaceae	<b>Hlingsi</b>	Tree	LR	Fr,S
Fr is used as an emetic, expectorant & when there is excess salivation. Fr is used to treat epilepsy & chlorosis. S are used to treat fevers & dental caries.					
<i>Saraca asoca</i> (Roxb.) De Wilde	Fabaceae	<b>Mualhawih</b>	Tree	EN/VU	B
B is used for uterine inflation, as an astringent, & in treatment of gonorrhoea & scorpion stings.					
<i>Schima wallichii</i> (DC.) Korth.	Theaceae	<b>Khiang</b>	Tree	LR	B,Fr,L
A Fr decoction is used for snake & insect bites. B is used as a rubefacient, antihelminthic, & to treat gonorrhoea. L are used as a carminative.					
<i>Scoparia dulcis</i> L.	Plantaginaceae	<b>Perhpawng-chaw/Hlothlum</b>	Herb	LR	WP
Crushed WP juice is taken to treat kidney stones, jaundice & genital-urinary problems.					
<i>Securinega virosa</i> (Roxb. ex Willd.) Baill.	Euphorbiaceae	<b>Saisiak</b>	Shrub	LR	L
L boiled in water are used to bathe children suffering from scabies & measles.					
<i>Semecarpus anacardium</i> L.f.	Anacardiaceae	<b>Vawmbal-pui</b>	Tree	LR	Fr



Scientific name	Family	Local name	Habit	Status	Part Used
<b>Mode of Utilization/Uses</b>					
Fr(nut) juice is applied externally to treat sprains & rheumatism.					
<i>Senecio scandens</i> Buch.-Ham. ex D. Don	Asteraceae	<b>Sai-ek-hlo</b>	Climber	CR	A,L
Boiled A & L are used to treat cancer & ulcers.					
<i>Sida acuta</i> Burm.f.	Malvaceae	<b>Khingkhieh</b>	Shrub	LR	R
Crushed R are applied on boils to draw out pus. R are used to treat nervous, urinary, stomach, & gastric diseases.					
<i>Smilax glabra</i> Roxb.	Smilacaceae	<b>Tluang-ngil</b>	Climber	LR	R
R are used to treat uterine & stomach infections.					
<i>Smilax parvifolia</i> Wall. ex Hook. f.	Smilacaceae	<b>Kaiha</b>	Climber	LR	R
Ground R with old molasses or coagulated cows milk is mixed with water & taken orally as a blood purifier.					
<i>Solanum khasianum</i> C.B. Clarke var. <i>chatterjeeanum</i> Sengupta	Solanaceae	<b>Athlo</b>	Shrub	VU	Fr,S
Fr & S are used to treat dental problems (“expel tooth worms from the mouth”).					
<i>Solanum nigrum</i> L.	Solanaceae	<b>Anhling</b>	Herb	LR	WP
A WP infusion is used to treat liver problems & dropsy.					
<i>Solanum torvum</i> Sw.	Solanaceae	<b>Tawkpui</b>	Shrub	LR	S
Crushed S are applied to treat a toothache & tooth decay.					
<i>Sonchus wightianus</i> DC.	Asteraceae	<b>Gangmula</b>	Herb	LR	R
R are used as a cardiac tonic.					
<i>Spondias pinnata</i> (L.f.) Kurz	Anacardiaceae	<b>Tawitaw</b>	Tree	LR	B
B is used as a refrigerant & to treat dysentery. B mixed with water is used to treat auricular & muscular rheumatism.					
<i>Stemona tuberosa</i> Lour.	Stemonaceae	<b>Kaimam</b>	Climber	EN	R
10 ml of a R infusion is taken internally twice daily for tuberculosis & fever.					
<i>Stephania japonica</i> (Thunb.) Miers var. <i>discolor</i> (Blume) Forman	Menispermaceae	<b>Hruifei</b>	Climber	VU	R
A R infusion is taken orally to treat diarrhoea, fever & dyspepsia.					
<i>Sterculia urens</i> Roxb.	Malvaceae	<b>Pangkhau</b>	Tree	LR	G,L,R
G is used to treat throat infections. L & tender branches are used to treat pleuropneumonia in cattle, & to treat dysentery & piles.					
<i>Stereospermum colais</i> (Buch.-Ham. ex Dillwyn) Mabb.	Bignoniaceae	<b>Zihngal</b>	Tree	LR	L
A L decoction is used as a febrifuge. L juice is applied to relieve itching.					
<i>Stereospermum neuranthum</i> Kurz	Bignoniaceae	<b>Zihaw</b>	Tree	LR	W
W is used to treat chronic ulcers.					
<i>Styrax serrulata</i> F.B. Forbes & Hemsl.	Styracaceae	<b>Hmarhleng</b>	Shrub	LR	Resin
Resin is used as an antiseptic, stimulant & expectorant.					
<i>Swertia angustifolia</i> Buch.-Ham. ex D. Don	Gentianaceae	<b>Khawsik damdawl</b>	Herb	LR	WP/ stem B
A WP infusion is used to treat malarial fever.					
<i>Syzygium cerasoides</i> (Roxb.) Raizada	Myrtaceae	<b>Lenhmui</b>	Tree	LR	Fr,L,R

Scientific name	Family	Local name	Habit	Status	Part Used
<b>Mode of Utilization/Uses</b>					
Fr is used to treat rheumatism. L are used as compresses. R are used as a rubefacient.					
<i>Syzygium cumini</i> (L.) Skeels	Myrtaceae	<b>Lenhmui</b>	Tree	LR	B,Fr,L
B is used as an astringent. Fr is used to treat stomach ache & is used as a carminative & diuretic. B & S are used to treat diabetes. B & L are used to treat diarrhoea.					
<i>Tabernaemontana divaricata</i> (L.) R. Br. ex Roem. & Schult.	Apocynaceae	<b>Pararsi</b>	Shrub	LR	R, Sa
R are chewed for the relief of tooth-ache & gum boils. R paste is applied 1-2 times daily on mouth ulcers. Sa mixed with oil is rubbed on the forehead to treat pain in the eyes & head.					
<i>Taraktogenos kurzii</i> King	Achariaceae	<b>Khawitur</b>	Tree	NT	S
S oil is applied for treatment of leprosy & skin diseases.					
<i>Tarenna odorata</i> (Roxb.) B.L. Rob.	Rubiaceae	<b>Khalagor song</b>	Shrub	LR	R
R paste is applied on snake bites.					
<i>Terminalia bellirica</i> (Gaertn.) Roxb.	Combretaceae	<b>Thingv&amp;awt</b>	Tree	LR	B,Fr
Fr is taken for treatment of stomach problems, piles, sore throat & diseases of the eye & nose. Fr is used to treat dropsy, leprosy, inflammation, diarrhea, asthma, headaches, & is taken as a tonic for bronchitis. Fr (kernel) is used as a narcotic & aphrodisiac. B is used as a diuretic & to treat anaemia & leucoderma.					
<i>Terminalia chebula</i> Retz.	Combretaceae	<b>Reraw</b>	Tree	VU	B,Fr
Fr is used to treat stomach problems, fevers, asthma, dysentery, piles, colds, sore throats, dental caries, bleeding & ulcerated gums, ophthalmia, & is used as a purgative & antiparalytic. Fr is also thought to enrich the blood. B is used as a diuretic & cardiotonic.					
<i>Tetracera sarmentosa</i> (L.) Vahl	Dilleniaceae	<b>Hruithingdeng</b>	Tree	LR	B
A B decoction is taken orally to treat stomach ache.					
<i>Tetrameles nudiflora</i> R.Br.	Tetramelaceae	<b>Thingdawl</b>	Tree	LR	B,L
B & L juice is dropped into ear to treat ear infection.					
<i>Thunbergia gr&amp;iflora</i> Roxb.	Acanthaceae	<b>Zawngafian</b>	Climber	NT	L
L juice is used to treat diabetes, eye diseases & as an antiseptic for treatment of cuts & wounds.					
<i>Tinospora cordifolia</i> (Willd.) Miers	Menispermaceae	<b>Theisawntlung</b>	Shrub/ climber	CR/VU	Fr,R,St
St are used to treat skin diseases, stomach ache, spasms, inflammation, diabetes, diuretic, piles, anemia, & as an emetic, aphrodisiac, & antiperiodic. R are used as an emetic and to treat leprosy. Fr is used as a tonic & to treat rheumatism. St & Fr are used to treat jaundice.					
<i>Toona ciliata</i> M. Roem.	Meliaceae	<b>Teipui</b>	Tree	LR	B&F
B is used as an astringent & tonic, & to treat dysentery & ulcers. F are used as an emmenagogue.					
<i>Trapa natans</i> L. var. <i>bispinosa</i> (Roxb.) Makino	Trapaceae	<b>Singhara</b>	Macro- phyte	CR/VU	Fr
Fr is used as a nutritious food. An infusion of aerial parts is used to treat diarrhoea.					
<i>Trema orientalis</i> (L.) Blume	Cannabaceae	<b>Belphuar</b>	Tree	I/LR	B,L,R
B, L & R are used to treat epilepsy. R are used to treat diarrhoea. B is used to treat muscular pain.					
<i>Trevesia palmata</i> (Roxb. ex Lindl.) Vis.	Araliaceae	<b>Kawhtebel</b>	Small tree	LR	L,R
Crushed L juice is taken to treat colic, stomach ache & high blood pressure.					
<i>Uncaria sessilifructus</i> Roxb.	Rubiaceae	<b>Ralsamkuai-ziksen</b>	Climber	LR	L&R
Boiled young L are taken orally to treat diphtheria. Water from boiled R is taken to treat excess bleeding.					

Scientific name	Family	Local name	Habit	Status	Part Used
<b>Mode of Utilization/Uses</b>					
<i>Urena lobata</i> L.	Malvaceae	<b>Sehnap</b>	Shrub	LR	L,R
Crushed R mixed with water is taken as an aphrodisiac. L juice is used to treat rheumatism.					
<i>Vernonia albicans</i> DC.	Asteraceae	<b>Dawn-do-u-pun</b>	Herb	LR	L
A warmed L infusion is dropped into ear to treat earache or ear infection.					
<i>Vitex peduncularis</i> Wall. ex Schauer in A. DC.	Lamiaceae	<b>Thingkhawilu</b>	Tree	LR	B
Boiled B water is drunk to treat typhoid & malarial fevers.					
<i>Vitis bracteolata</i> Wall.	Vitaceae	<b>Hruiveikual</b>	Climber	LR	R
Crushed R are used to produce a mucous substance that is applied externally on swellings & sciatica.					
<i>Woodfordia fruticosa</i> (L.) Kurz	Lythraceae	<b>Ainawn</b>	Shrub	CR/VU	F
Powdered F are used externally to treat sores & ulcers.					
<i>Xylia xylocarpa</i> Taub.	Fabaceae	<b>Thinguk</b>	Tree	LR	B,S
A B decoction is used to treat ulcers, gonorrhoea & diarrhoea. S oil is used to treat rheumatism & piles. B & S oil are used to treat leprosy.					
<i>Zanonia indica</i> L.	Cucurbitaceae	<b>Lalruanga-dawibur</b>	Climber	CR/EN	Fr,L
L are used to treat inflammation & spasms. Fr is used as an expectorant, antiseptic & to treat cough & asthma. Water from boiled ripened Fr is taken to treat stomach problems.					
<i>Zanthoxylum armatum</i> DC.	Rutaceae	<b>Arhrikreh</b>	Small tree	NT	Fr,L
L are used to remove lice. Fr is used to promote appetite, treat headaches, asthma, leucoderma, piles, eye & ear diseases, & is used as an antihelminthic. F is used as an antidote for snake bite.					
<i>Zingiber officinale</i> Roscoe	Zingiberaceae	<b>Sawhthing</b>	Herb	NT/C	Fr,Rh
Oil extract is used to treat cough & bronchitis. Rh is roasted & eaten to treat throat pain.					
<i>Zingiber purpureum</i> Roscoe	Zingiberaceae	<b>Pale</b>	Herb	NT/C	Rh
Chakmas tribe use Rh to treat stomach ache & diarrhoea.					
<i>Ziziphus mauritiana</i> Lam.	Rhamnaceae	<b>Borai</b>	Small tree	LR	R
R decoction is used to treat fever.					